

Kia Ora Whanau and welcome to  
Week 3, Tm4 2021.

(Only use the worksheets that are  
in week 3 learning plan)

### **Week3 Agenda:**

- PB4L - Mindfulness
- Writing - Healthy Eating - Mini Wrap Pizzas
- Maths - Identifying Number Pattern Rules / Shapes (Make your own)
- Reading - Groups
  - (Books in learning pack )
- Handwriting - Phonics / Vowels (Learning Pack)
- Spelling - Essential Lists (On-line)
- Health - Healthy Eating / Getting Active
- Zoom Hui - 11:15am Tuesday and Thursday 2021

### **Task One:** (go to Task One)

- **PB4L - Mindfulness**

There are many ways you can show kindness.

**Mindfulness is one way to show kindness to yourself.**

**Look at the slide:**

- Read the message in each heart.
- Think about each message, what do they mean to you?
- Think of some more messages you can put into the spare heart shapes.

**Remember to be,**

- KIND to yourself.
- KIND to others

Show our school values everyday in your home, school, community!!

**I am an amazing person - (in your learning pack)**

How amazing are you?

Read and finish the sentences in the balloons

## Task Two:

### Healthy Eating Mini Wrap Pizzas

- **Writing** - Procedural
- In this recipe it has lots of healthy options for Pizza toppings. (No meat)
- Have a try of this recipe and see what you think!

#### Think about,

- the toppings (which ones do you like / dislike?)
- What toppings would you change and why?
- Have you ever tried black beans or red kidney beans?

I've tried this recipe in term two with Whaea Nicky, Whaea Hemoata and Whaea Parekawhia. I had never tried black beans until i made this pizza. I put extra onions and pineapple on my pizza so i couldn't taste the black beans.

**Re-write:** the recipe and change maybe one or two toppings to a topping you like. .

#### Check:

- Capital letters and full stops
- Spelling of words (use letter sound to sound them out)



## Task Three

- Maths -

Keep practising your basic facts from wk2.

**Identifying Number Pattern Rules:** ( The worksheet beginning with the number 9 in your Learning Pack)

- Look carefully at the numbers you can see in each row on your worksheet. Is it addition or subtraction?

You goal is to find the missing number by adding the amount between numbers,

The first one begins with 9, then a space then 19 , 24, then space, space.

Add the amount between 19 and 24 to find the number pattern rule. That will help you solve the missing numbers.

1.            9, ? 19, 24, ?, ?

The number pattern rule is “5”

Rule: addition or plus 5, adding 5

## Shapes (Make your own)

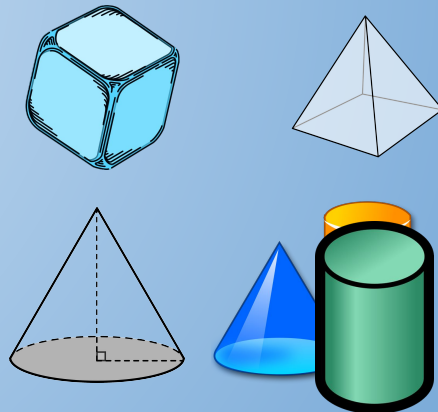
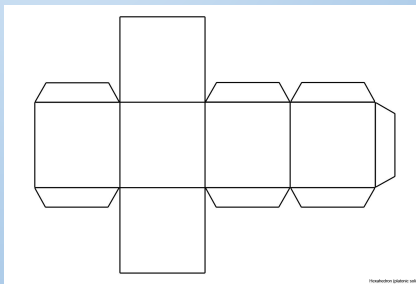
In **you learning pack** you have a 3D shape that can be cut out and taped, glued or stapled at the tabs.

**Shapes:** Cylinder, cube, cone, triangular prism, square-based pyramid, rectangular prism.

Before you cut out the shape and put it together, find an item or object around the home that looks like this shape.

- Colour in the shape.
- Cut out the shape carefully taking care not to cut off the tabs.
- Fold along the lines so it makes it easier to fold into place.
- Use a glue, tape or stapler to put your shape together.

Find a nice place to display you shape and any objects that look like that shape.



## **Task Four: Reading -**

(Book is in the learning pack) Use your book to record your answers.

(you can continue work from wk2 if you haven't finished)

- **Read your book with and to a member of your family.**
- **Look carefully at the words**
- **Use letter sound to sound out tricky words.**
- **If it doesn't sound right or make sense, try again.**
- **Think of a question you can ask a family member**

### **1. My Book:**

- What are the boys names in the story?
- Who wanted Nikau's book?
- What does Tama say on page4?

### **2. Hannah's Bike:**

- What is wrong with Hannah's bike?
- What colour bike does Hannah like??
- What kind of wheels does dad put on Hannah's old bike?

### **3. Mya's Finger**

- What happened to Mya;s finger?
- Why did Lucy feel sad?
- Why was Lucy brave?

### **4. Treasure from the Sea**

- Where did Megan's nan live?
- Megan loved to stay with during what holidays?
- What kind of treasures did Megan find?
- What did the make so the fish could get back to the sea?

### **5. Rumpelstiltskin**

- Who are the characters in the story?
- What did the man say his daughter could do??
- What did the King make the Miller's daughter do?
- What was the name of the little man?

### **6. Nelson**

- Who are the characters in the story?
- Who was trying to kidnap Nelson?
- What were they doing to Nelson's mum and sister?
- Why did the other elephants try to kidnap Nelson?
- Why did Nelson's family make a happy trumpeting noise?

## Task Five:

### Handwriting - (In learning pack)

Only do the letters below.

### Phonics / Vowels `

1. oa
2. ee or

#### Check:

- Starting point
- Follow the directional arrow

Fill in the missing letters to complete the words.

Can you think of any other words that have “oa, ee, or”

#### Practise writing:

First name - Lovey

Last name - Hemopo

#### Check:

Capital letters

even sized letters

## Task Six:

### Spelling - Essential Lists

(continue learning your words from wk2 folder)

#### Work your way through a list.

- Only do the list you are comfortable with.

Have a family member test you on a list.

#### List 1 - 10 words

#### List 2 - 20 words

#### List 3 - 30 words

#### List 4 - 50 words

#### Practise your spelling daily.

1. Learn and practise three or five words a day.
  2. Say each word **(from)**
  3. Write the word, say each letter as you write the word **(f,r,o,m)**
  4. Repeat the word again **(from)**
- Choose three of the words and put them into a sentence.
  - Record your sentences into your work book.

## Task Seven: - Health - Food Pyramid / Healthy Eating Plate / Getting Active

During Lockdown there is not many places you can go, but we can still keep active,

- Around the home (gardening, home gym, playing games - hopscotch, tag, hide and seek, dancing to your favourite music)
- Family walks - around the park, along the beach (Keeping a safe distance and wearing a mask)

Find an activity that you and your family can do together or maybe you are already doing something active. Have fun and enjoy!!

Post a pic of you keeping active!

### Task Seven:

#### Health - Healthy Eating

(There have been changes made to the food pyramid)

**Google search - The Food Pyramid** is a pyramid of different types of food that are placed in different categories of the pyramid

- What foods can you see on the food pyramid and where? What should we eat more of and why?



**(Go to Task Seven)The Healthy Eating Plate** is a plate that shows the portion sizes of each serving.

- What is the serving for meat and fish?
- What is the serving for rice, potatoes, bread?
- What should be on one half of the plate and why?





Hi All, The link for the Zoom hui is below.

Before joining and entering the passcode please check,

- Spelling
- Spacing

**Agenda:**

5mins - Greetings

5mins - Rules and expectations

10-15mins - Sharing time (anything that you would like to share

Focus areas:

**1. Writing - Procedural**

- What changes did you make to your Mini Wrap Pizza?
- Did you try black or red kidney beans?

**2. Reading -**

- Have you read your books?
- Who have you read to?
- Did you try and answer any questions?
- **Sharing Time:** is there anything you would like to share about your reading experience

**3. Food Pyramid - Food Plate**

- Why do you think the sweet food are at the top?
- Why are the vegetables, fruit at the bottom?

**4. Visual Arts: - Maori Patterns**

- How are you going with your Maori artwork?

**Take Care, Have a great week and see you all Tuesday and Thursday**

Lovey Hemopo is inviting you to a scheduled Zoom meeting.

Topic: Lovey Hemopo's Zoom Meeting

Time: This is a recurring meeting  
Meet Tuesday and Thursday

11:15am

Join Zoom Meeting

<https://us02web.zoom.us/j/85166061760?pwd=d2hzNDk5YzZqRHUvVjg1R1V4ZUMxUT09>

Meeting ID: 851 6606 1760

Passcode: Room6