



Pukekohe North School

"Setting our akonga on the path of lifelong learning"



57 Princes Street, Pukekohe
0800 785 366
www.pukekohenorth.school.nz



Thursday 17 February 2022

Positive COVID Case at Pukekohe North School

Kia Ora Whaanau,

The health and wellbeing of our children, staff and community is a top priority at Pukekohe North School.

We're sending this letter as there is a confirmed case of COVID-19 in our community.

The staff member was at school from Tuesday 15 until Thursday 17 February 2022 testing positive today.

We are treating all tamariki/children in Room 3 as close contacts.

This is what whanau need to do.

YOUR CHILD MUST SELF-ISOLATE FOR 7 DAYS from the date they had contact with the case (17.2.22)

- Get them tested on DAY 5
- Your child can stop isolating and RETURN to normal life once you have received a negative day 5 test AND once 7 days have passed (ie, on day 8). – (Next Friday 25 February 2022)
- Follow public health advice on the Ministry of Health website: health.govt.nz/covid-19-contact

WHAT IT MEANS TO SELF-ISOLATE

- Your child must stay away from other household members if possible
- They cannot leave the house for any reason
- They can't have any visitors

HOW TO GET TESTED

- Find your nearest testing centre at healthpoint.co.nz/covid-19 or call Healthline on 0800 358 5453
- It's FREE
- Tell them your child is a CLOSE CONTACT

For more information, go to www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-health-advice-public/covid-19-self-isolation-managed-isolation-quarantine#whattodo



Pukekohe North School

"Setting our akonga on the path of lifelong learning"



57 Princes Street, Pukekohe
0800 785 366
www.pukekohenorth.school.nz



Symptoms of COVID-19

- A new or worsening cough
- Sneezing and runny nose
- A fever
- Temporary loss of smell or altered sense of taste
- Sore throat
- Shortness of breath

Less common symptoms include diarrhoea, headache, muscle aches, nausea, vomiting, malaise, chest pain, abdominal pain, joint pain, or confusion/irritability.

For more information, go to covid19.govt.nz/health-and-wellbeing/about-covid-19/covid-19-symptoms/

For more information on being a Close Contact

www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-health-advice-public/contact-tracing-covid-19#factsheets

Where you can get support

If you need support during self-isolation, call the COVID Welfare Phone Line on 0800 512 337. They will connect you with someone who can help. This could be a local community organisation, a government agency, a marae-based service or support that iwi have established.

For more information go to <https://covid19.govt.nz/isolation-and-care/getting-extra-support-if-you-have-covid-19-or-are-self-isolating/>

Actions for all other Pukekohe North School Students

What you need to do

- You and your whānau should watch for symptoms (see above)
- If any develop, get tested immediately
- Then, stay at home until you receive the result
- If your whānau hasn't been vaccinated, please do so as soon as possible. You can book on-line at bookmyvaccine.nz or by calling 0800 28 29 26. It's free.

What we're doing

- Pukekohe North School will stay open
- We have appropriate public health measures and cleaning procedures in place



Pukekohe North School

"Setting our akonga on the path of lifelong learning"



57 Princes Street, Pukekohe
0800 785 366
www.pukekohenorth.school.nz



For more information, go to <https://covid19.govt.nz/health-and-wellbeing/about-covid-19/covid-19-symptoms/>

Please contact the school on 0800 785 366 if you have any queries or concerns.

Noho ora mai

Matua Jim
Principal
Pukekohe North School